

## P3 Distance Learning Guide

Literacy	Numeracy	Health & Wellbeing	Other Areas
<p><b>Reading:</b> Continue with your reading book, if you have finished it you can access a new books from</p> <ul style="list-style-type: none"> <li>- <a href="http://www.storylineonline.net">www.storylineonline.net</a> there are a variety of storytellers reading books aloud.</li> <li>- <a href="http://Home.oxfordowl.co.yk/books/">Home.oxfordowl.co.yk/books/</a> you can access books by age or reading ability that can be self-read or audio books.</li> <li>- You can also access eBooks from Midlothian Libraries.</li> </ul> <p><b>Writing:</b> Write a personal story. Can you describe something that has happened to you? Using capital letters, Full stops, and finger spaces, try to write 3 or more sentences.</p> <p><b>Listening &amp; talking:</b> News round is a great way to practise your listening skills. Watch News round (BBC iPlayer) and then explain to a grown-up two interesting stories from the news.</p> <p><b>Spelling:</b> Practise your single sounds and blends. Can you find examples of your blends around the house? Use your spelling list to Look, Say, Cover, Write, and Check.</p>	<p><b>Numeracy:</b> Practise skip counting in 2's, 5's and 10's. Practise going forwards and backwards.</p> <p>Practise your number bonds to 20.</p> <p>Use your Sumdog login to practise your skills online.</p> <p><b>Maths:</b> Write a list of all the 2D and 3D shapes you can find around the house or in your garden.</p>	<p><b>P.E.:</b> You can try making your own obstacle course and time yourself. Can you beat your time? Was it too easy?</p> <p>Maybe you could try some Joe Wicks P.E. classes / Cosmic kids yoga / Go Noodle meditation</p> <p><b>Zones of Regulation:</b> Can you remember the different zones and the strategies you can use when you are feeling sad, angry, or worried? Create a poster for your family to help them when they are feeling nervous?</p>	<p><b>Art:</b> A great way for you to practise your art skills is with Art for kids Hub on YouTube. <a href="https://www.youtube.com/watch?v=fyA3PjWUkdA">https://www.youtube.com/watch?v=fyA3PjWUkdA</a></p> <p><b>Music:</b></p> <ul style="list-style-type: none"> <li>- You can experiment with different sounds by using Chrome Musiclabs <a href="https://musiclab.chromeexperiments.com/">https://musiclab.chromeexperiments.com/</a></li> <li>- Listen to a piece of classical music and draw a picture of what you think is happening in the music. Start with 'Mountain King' by Grieg <a href="https://www.youtube.com/watch?v=RlZ3klPET3o">https://www.youtube.com/watch?v=RlZ3klPET3o</a></li> </ul> <p><b>Social Studies:</b> Is there a country you have always wanted to visit? Use Google Earth to visit some countries around the world and explore some of the natural wonders. How is it different from Scotland? Can you write about the weather, clothing, animals or houses?</p> <p><b>French:</b> Search for a modern French song and try to sing along? It doesn't matter if you get it wrong as long as you have fun trying. Les Champs Elysees would be a good starting point. <a href="https://www.youtube.com/watch?v=56L5ppNRyEs">https://www.youtube.com/watch?v=56L5ppNRyEs</a></p>